

SAFE SPACES AND SUPPORTIVE CARE: Comprehensive Nursing for Youth and Adolescents in HIV and STI Prevention



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Disclosures

- No financial Disclosures

A Special Thank You

- Thank you for the opportunity to present and contribute
- Big thanks to the organizers and staff who made this event happen
- We appreciate all the presenters and everyone who came
- Honored to represent the University of Michigan
- It's exciting to learn and work together to improve HIV and STI care among adolescents and young adults

thank you!



Agenda

- Welcome & Introduction
- About the Speakers
- Overview of Session Objectives
- Tell us what you know
- Importance of Focusing on Youth and Adolescent HIV/STI Care
- Brief Snapshot Current Trends and Data in HIV/STI among Adolescents
- Creating a safe space and clinical pearls



About Us: Dr. Jade Burns



- Adolescent Health Researcher
- Pediatric Nurse Practitioner
- Consultant
- Community & Pediatric Expert
- Mother
- Wife



About Us: Dr. Beth Kuzma

- Family Nurse Practitioner
- Experience in Adolescent Health
(SchoolBased Health Center & School
Linked Health Center)
- Experience in Gender Affirming Care
- Faculty at the UM School of Nursing in
the graduate programs



LEARNING OBJECTIVES

Identify Key Strategies for Creating Safe Spaces

Participants will be able to identify and implement at least three strategies to create safe and inclusive environments that encourage young people to seek and adhere to care for HIV and STI prevention and treatment

Develop Patient-Centered Care Plans

Participants will learn to design and deliver patient-centered care plans tailored to the diverse needs and preferences of youth and adolescents aiming to enhance engagement, cooperation in health management and ways to increase and or maintain health service uptake





Tell Us What You Know

How much experience do you have working with youth?

None/Limited

Occasional

Regular outside of work (personal or volunteer)

Regular as part of work

● Loading...



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Importance of Focusing on Youth and Adolescents in HIV/STI Care



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Current Data Trends



1

STI Impact In 2022, around 2.5 million individuals were diagnosed with STI

2

Disproportionate Effect on Young People: STIs primarily affect individuals aged 15-24. Disparities exist among communities of color & LGBTQ Youth

3

In the United States, 19% of new HIV diagnoses in 2021 were among young people aged 13-24.

4

Testing and screening are imperative. Getting more youth tested for HIV is important for prevention, since only 6% of high school Students have ever been tested.

Understanding the Unique Needs of Adolescents

- Developmental and Psychosocial Considerations
- Common Barriers to Care (e.g., stigma, confidentiality concerns, knowing your status access, social drivers, insurance)
- Importance of Cultural Sensitivity and Age Appropriate Communication



Key Strategies to Create Safe Spaces

- Using inclusive, nonstigmatizing language
- Ensuring confidentiality and privacy
- Engaging youth in decisionmaking and care planning
- Use of Pro/nouns
- The front Desk
- Respect!

Be
SAFE

Why are Nurses as Providers are important in Building Trust?

Small group discussion:

- What strategies have you seen in your setting that are/are not helpful in creating safe and youth friendly spaces?
- What do you think you as a nurse can do in your practice setting the role of the nurse is to build trust with youth?

Role as Nurse in Addressing Accessible Care

1

UNDERSTANDING RESOURCES

Having the knowledge and access to healthcare centers, resources, and information that can often be gatekept or ill -explained from communities.

2

VALUE AND TRUST

As a healthcare professional, I am trusted and valued as a source for safe and necessary information

3

UNDERSTANDING COMMUNITY

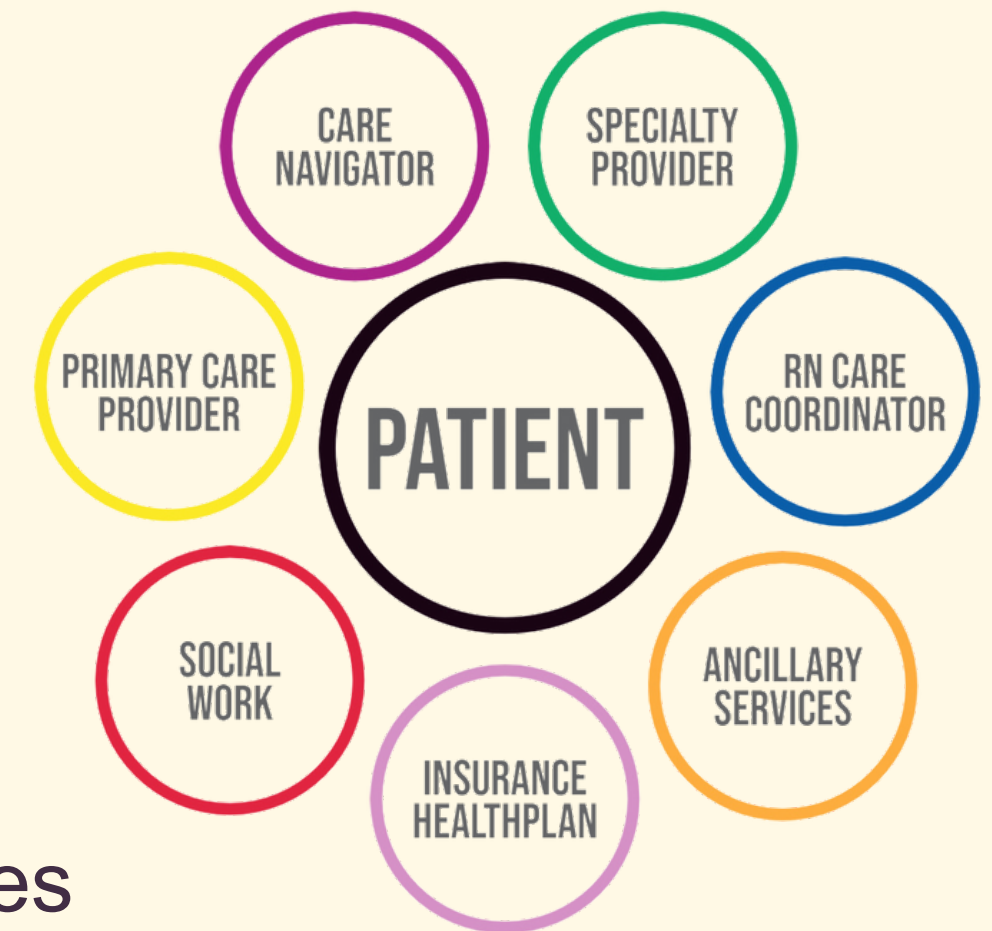
Having the ability to understand how cultural and socioeconomic factors influence health and health behaviors in the patient, family and community

What is Patient Centered Care?

- School Based Health Centers/ Services
- Patient Centered Medical Home Model

Designing Tailored Care Plans

- Addressing medical, emotional, and social needs
- Integrating behavioral health and sexual health services
- Encouraging Adherence and Long Term Engagement in Care
- Collaborative Goal Setting with Youth
- Transition of Adolescent Care to the Emerging Adults



Tools and Best Practices for HIV/STI Prevention

- [HIV Guidelines](#)
- [STI Guidelines](#)
- [Recommendations by disease and or population](#)
- [Adolescent Health models](#)
- [Homebased kits](#)
- [Expedited Partner Therapy](#)
- [Risk Assessments](#)
- [AAP Periodicity Table](#)

Interactive Activities



Activity 1: Stigma Busting

Activity 2: Safe Spaces



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Takeaways

- Youth and Adolescents Have Unique Needs
- Safe, Inclusive Spaces Lead to Better Care
- Integrated and Collaborative Models Work
- Nurses Are Crucial Allies
- Barriers Must be Anticipated and Addressed
- Use Tools and Innovations
- Engage Youth in Their Care and Transition Planning

Questions

Thank you!

With any questions, feel free to reach out through the information below. &
Consider following us on social media:

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